

TONY ALVA - Overall Men's Champion at the 1976 Hang Ten. Photo by Dan Devine.

KENTER SCHOOL CROSS COUNTRY



STACEY PERALTA (G&S) and PAUL HACKETT (Malibu Team) on the tight slalom section of Kenter's cross country course. Photo by Ray Allen.

Local enthusiasts everywhere have been using their school yard banks for skateboarding ever since the skateboard "revival" began. Locals to Kenter School in Brentwood, north of Santa Monica, are no exception. Although they have to climb fences to get in (school grounds are often locked after hours), that does not deter the fifty or so skaters who nonchalantly drive up, park, walk to a twelve foot fence, throw bags and boards over the top and hop (?) over. Nonchalant or not, all still shudder when an LAPD drives by seemingly with no interest.

It has become a regular Saturday event there for a cross country course to be set up. With 5-9 foot high banks surrounding two adjacent sides of the playground it's a great spot. Complete with banks, tight slalom, Malibu Tubes, sections for only pumping, and a beautiful old oak tree it's a great course. Cross country is a fairly new event to skateboarding and, although grueling, it is a popular one. Those able to practice repeatedly at places like Kenter will have an advantage over others in competition.

Another advantage to skateboarding at Kenter is the presence of some older skaters who add an air of supervision to the group. Actually, taking an afternoon look around, it is obvious supervision isn't needed. Everybody only wants to skateboard. The atmosphere is relaxed, friendly, new comers are welcome without question. The only four letter word on an old shed was S-I-M-S.

There must be lots of outlaw places like Kenter. The key to skateboarding there is to skate clean, be "adult" if approached by a police officer, and watch the trash. Then no one has cause for complaint. Let's hope regulars at Kenter keep on doing it right.

Cross Country results: Individual	
1. Stacey Peralta	1:12.00
2. Paul Hackett	1:14.50
3. Richard McAndrews	1:15.10
Other racers:	
Paul Constantineau	1:17.00
Brian McAndrews	1:17.00
Shogo	1:18.40
Jimmy Allard	1:24.95
Andy Lyon	1:28.10
Paul Cullen	DQ
Teams	
Peralta-Shogo-Constantineau	3:57.00
Hackett-Allard-Lyon	4:11.05
Magor-Clark-Kampion	4:26.05

WEEKLY RACES IN OAKLAND

By The AlotAflex Team

The AlotAflex Skateboard Team has been trying to organize weekly slalom races for the Bay Area. The area used is a road that is blocked off on weekends to all traffic; on Sundays there are no security patrols about. We have been using the area for about four months with no problems. The first organized races were held on Sunday, Sept 12 with nine contestants running on a 23 cone slalom course. The area will have a Giant Slalom in the future. There is no entry fee for amateurs; Pros racing for money will pay anywhere from \$1-\$3 to enter. The rules are the usual with a start box, kick line (no pump line), .2 added to the time for each cone hit, third cone is DQ (disqualified that run). Each contestant gets four more' runs culmenating in three winners. The first races went very well, and it was the general feeling that they should be continued. It's just the beginning!

As we began our second month we started charging 50c per entrant. This money goes toward monthly trophies. Each week there are six finalists and depending on how they place in the finals they will receive points: first - 6 points, second - 5 points, and so on. At the end of four weeks racing the finalists' accumulated points are tallied and the winners receive some real nice trophies. Trophies are awarded down to fifth place.

There is a good chance we will start using electronic timing in the next race. In the mean time, the old stop watch is working out well. We are also in the thick of trying to get the City of Berkeley to build some skate parks.

September 19, 1 Slalom	1976		Septer Slalom	mber 26, 19		50 cents
RACER*	TIME	FINALS	RACEF	1	TIME	FINALS
Anthony Fisher Paco Prieto Paul Zunich OTHER RACERS Jeff Sand Chris Fisher Mike Grim David Fisher Randy Buck Jim Suzuki Cliff Coleman Barron Loy Jeff Fiedler Rob Baumgart Bob McDonnel Todd Russo Jay Lehman Ken Martin Carl Yetter *no Pros	8.20 8.65 9.40 9.00 9.10 9.20 9.30 9.30 9.40 9.50 9.60 9.70 9.70 10.00 10.05 11.50	× × × ×	Jeff Sa OTHER Chris F David F Bryon L Randy Jim Su:	ny Fisher nd RACERS: isher ee Buck zuki umgard Loy /ell uck usso anchi iman boks Bagby	8.10 8.30 8.20 8.40 8.95 9.00 9.05 9.10 9.20 9.30 9.40 9.55 10.00 10.40 10.50 11.50 11.75	×××
October 3, 1976	and the		Octobe	er 10, 1976		and the second of
Slalom			Slalor	1		50 cents
RACER	TIME	FINALS	RACE	3	TIME	FINALS
David Fisher Chris Fisher Shaun Waite Bryon Lee Ray Flores Keith Looney Kevin Looney Robbie McClure Dan Ewell	8.05 8.35 8.30 8.30 8.35 8.40 8.50 8.55 8.85 9.00 9.10 9.30 9.60 10.00 10.15 10.40	×××××××	OTHEF David I Jeff Sa Rod Sa Mitch Don D Ken M Lisa Bi Joe Br Ron W Paul Za Carl Ye	isher ny Fisher RACERS: Fisher and aunders Haake anielson artin anchi ooks 'illiams aborsky	8.00 8.25 8.30 8.40 8.15 8.90 9.40 9.60 9.80 10.20 10.55 10.80 10.90 15.00	
Here are the Se they ride for.	ptember	/October	overall wir	nners, and	the t	eam
				Tea		

Racer	Points	Team	
1. Paco Prieto	22	ALOTAFLEX	
2. Anthony Fisher	19	ALOTAFLEX	
3. Jeff Sand	15	ALOTAFLEX	
4. Chris Fisher	12	ALOTAFLEX	
5. David Fisher	8	ALOTAFLEX	



ANDY LYON on tube section of Kenter's course. Photo by Allen.



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Biorhythms of a Champion

By Ralph Zuranski

What important factors determine championship performance? The formula of success is avidly sought after by competitors in all sports. Skateboarding is no exception. Intensive practice usually guarantees a high level of mental and physical effectiveness. Concentration is developed after many hours of intensive repetition. To gain something of value, great amounts of devotion and sacrifice are required.

Henry Hester is without a doubt the premier contender for the giant slalom crown. He has participated in the majority of practice sessions at La Costa, placing consistently in the top three all but one race. His outstanding performance in professional contests is unequaled.

What are the contributing factors in his success? Practice, good equipment, and an intense desire to win are very important. Personal awareness is one aspect of competition previously ignored by most analysts of athletic performance. Henry Hester is a particularly outstanding example of one who is in tune with his potential for success. A brief study of his biorythms strongly points to a high level of personal sensitivity. The weekly races at La Costa, focusing on Henry's performance in the Giant Slalom, are a perfect test for biorythm accuracy. The three weekends Henry placed first exactly co-incided with high energy potentials in two or three cycles. During three second places the cycles were low in two out of three. One third place occurred on a critical physical day with the emotional and intellectual potentials attaining critical levels the two previous days (1-2-3). The one day Henry did not place arrived on a critical intellectual day with the emotional potential low. On Sept. 12 a strange co-incidence resulted in Henry placing third behind Bob Skoldberg whose energy potentials were exceptionally high (7-11-2). Henry had the potential to win (3-3-10). Bob had more days to build up energy in the physical and emotional planes of existence, the most important potentials affecting athletic performance. Mike Williams (17-25-16) placing second, transcended poor energy values, a truly spectacular achievement considering Henry and Bob's high energy levels.

Henry is truly Mr. Sensitivity. Of the racers studied, Mike Williams, Bob Piercy, and Bob Skoldberg, Henry Hester raced when his potential for success was high. Most athletes are not as in tune with their bodies or minds. I applaud Henry's personal awareness and the selection of days to compete.



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Coming Events

EVERY EVENING

Place: Boys Club, 675 Balour Dr., Encinitas Sponsor: Encinitas Branch of San **Dieguito Boys Club** Events: Freestyle area available for practice Cost: no charge EVERY TUESDAY Place: Boys Club, 533 Lomas Santa Fe Dr., Solana Beach Sponsor: Lomas Santa Fe branch of San Dieguito Boys Club Events: novice (non-team affiliated) cross country races

Cost to spectators: none Cost to entrants: \$3 per year Boys Club membership

November 6-7

Place: Presidio Pier in San Francisco

Events: Freestyle, Slalom; Novice and Amateur.

Direction: by Pacific Skateboard Assoc.

Information: Eric Crowe, 415/433-3313, 20078 Post St., San Francisco, Ca.

November 6-7

Country's Place: Escape Skateboard Junction; 11 miles east of I-5 on EI Toro Rd. Events: Amateur and Novice freestyle and slalom Direction: by Pro-Am SRA Cost: \$9 entry fee, \$3 spectators Information: Tom Padaca, 714/495-9851, PO Box 578, Dana Point, Ca. 92629

November 10

Place: 50 theaters across So. Cal. Event: begin showing "Free Wheelin' feature length skateboard movie starring Stacey Peralta and Camille Darrin Direction: by Scott Dietrich; camera and sound by Pat and Janice Darrin Information: Lon Kerr, 213/464-7451

Biorhythms clue DERFORMANCE

BY RALPH ZURANSKI

"The World Championships are today. Boy, I sure am nervous. What did Ralph say my biorhythms were, let's see: physical-15, sensitivity/emotional-14, intellectual-16. Yeah, that's it! A little low in physical energy but pumping both emotionally and intellectually. I'm going for it today. Sure glad I didn't party last night. Eight hours of sleep was a definite happening. Man! I feel great."

Are you as aware of YOUR total individual potential?

Very few people recognize the benefits bio-rhythm of awareness. A few pioneers like Mike and Rebecca Williams, Brad Logan, Ty Page and Lance Smith, have used bio-rhythms to improve their performances in competition and to heighten the enjoyment of everyday existance.

Bio-rhythms are concerned with making the most of your potential human energy based on acknowledging a 23 day physical cycle, a 28 day sensitivityemotional cycle, and a 33 day intellectual cycle, all beginning at birth. The flux of energy flow is unique. Critical days occur when energy potential reverses. Caution is advised; the day can be extremely enjoyable or depressive. The secret is to be prepared. If you know your potential for the day it is simple to be prepared for the events, and your reaction to them, as they occur. Where individual performance is at a premium, biorhythm awareness has drastically reduced accidents, injuries, and mistakes. Discover your biorhythms and decide for yourself. Maybe you have been swimming against the flow.

CADITOLA CONTEST .

SLALOM

18 and over: 1. John Hutson

- 2. Tim Piumarta 3. Rob McClure

15-17:

1. Kevin Reed

2. Shawn Waite

3. Mike Ashworth

11-14: 1. Gary MacLeod

2. Tadd Hatch

3. Jim Antony

10 and under: 1. Ben Page 2. Todd Carter

Girls: Sheila Waite

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- a decisive contest winner... they work the best.
- · a professionally engineered product for quality and performance minded customers. offering Tracker, Bennett or Chicago trucks.
 offering Road Rider, Power Paw or Sims & Alligators.



GORDON & SMITH

5465 Gaines St., San Diego, Calif. 92110 714-297-3892

November 18

Place: Leucadia, Ca; 4 PM Event: Biorhythm lecture and workshop Direction: Ralph Zuranski Information: 714/729-8400; PO Box 373, Carlsbad, Ca-92008

November 20

Place: Morro Bay Events: Slalom, Freestyle; Novice Direction: by Pacific Skateboard Assoc. Information: Jack Smith. 805/772-3707

November 21

Place: Escape Country Event: Giant Slalom, 4 man team slalom; Open (pro and am) Direction: Jim O'Mahoney, USSA Cost: \$2 entry fee Information: John Smith 714/586-7964

2. Judi Ogama

FREESTYLE

18 and over: 1. Tim Piumarta 2. Ray Flores 3. Mike Biffle

15-17: 1. Mike Ashworth 2. Matt McKnight 3. Steve Shambaugh

11-14: 1. Sean O'Callaghan 2. Tadd Hatch 3. John Seidlier

10 and under: 1. Gordie Stephens 2. Chris Heinen

Girls: 1. Sheila Waite 2. Chris Carey

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	Slalom	
Alaway	1. Henry Hester 2. Bobby Piercy 3. Mike Williams	\$1,000 500 300
Alva	4. Paul Engh 5. Tommy Ryan 6. Danny Trailer 7. Bob Skoldberg	200 100
Andre	8. Stacey Peralta 9. Neil Graham 10. Dave Hackett	
Berryman	11. John Krisik 12. Robert Reeves 13. Don Andre 14. Conrad Miyoshi	
Beardsley	15. Woody Woodstock 16. Bob Biniak 17. Lance Smith 18. John Hutson	
Bolster	19. Chris Yandall 20. Jim Muir 21. Pat Flanagan 22. Warren Bolster 23. Tony Alva	
Bomeister	1. Desiree Van Essen 2. Brown 3. Robin Logan	\$600 30 0 100
Bowden	4. Debbie Martinez 5. Kim Cespedes 6. Robin Allaway 7. Laura Thornhill	100
S. Brown	8. Debbie Eldrige 9. Ellen O'Neal 10. Kathie Bomeister 11. Sue DeLora	
Cathey	Saturday Speed Run: 1. Danny Trailer	\$400
Cespedes	2. Chris Yandall 3. Mike Williams 4. John Hutson 5. Mark Bowden	200 100 50 25
Chamberlain	6. Don Andre 7. Bobby Piercy 8. Bob Skoldberg 9. Bruce Logan	
Chaput	10. Ernie Martin 11. Roy Jamieson 12. Tommy Ryan 13. John Krisik	
Crisp	14. Curt Lindgren 15. Robert Reeves 16. Gary Riehle 17. Tom Sims	
Eldridge	18. Jim Muir 19. Paul Engh 20. Kim Cespedes	
Engh	21. Tony Alva 22. Pat Flanagan 23. Neil Graham 24. Bob Biniak	
Flanagan		
Flavell	Sunday Speed Run: 1. Bob Skoldberg 2. Mike Williams 3. Danny Trailer	\$400 200 100
Flores	4. Bob Biniak 5. Mark Bowden 6. John Hutson 7. Bobby Piercy	50 25
Graham	8. Tony Alva 9. Ernie Martin 10. Pat Flanagan 11. Bruce Logan	12
Gross	12. Neil Graham 13. Tommy Ryan 14. Robert Reeves 15. Tom Sims	
D. Hackett	16. Don Andre 17. Chris Yandall	

Long Beach Con

The Pacific Skateboard Association and Don E. Branker, of Wolf and Rissmiller concert productions, together put on the greatest skateboard competition ever! Held Sept. 4-5 at the Long Beach Arena, it advanced skateboarding as a spectator sport to light years ahead of where it was. There were some very specific reasons why this step forward was possible.

Three months before the date chosen for the event, Branker approached the PSA. His expertise is promotion. His company promotes rock concerts for such stars as the Rolling Stones, Beach Boys, and Jethro Tull. What he doesn't/didn't know about is skateboard contests. He chose the PSA to organize and direct the contest portion of his show. He feels the PSA is the one organization run by those in the business, pros and the manufacturers, who know how a professional invitational contest with a \$20,000 purse should be run. It couldn't help but be a dyno team.

Branker required each invitee to compile a biography of their skateboard experience. This information was presented to the spectators in a brilliantly covered Program.

He wanted a set of compulsory tricks to serve as the trials in the freestyle event. PSA's freestyle committee wrote the most precise set of ten trick requirements yet seen. They invented the Freestyle Court - a set of lines and arcs on the ground against which 360's, wheelies, etc. can be measured.

He wanted everybody dressed sharp. Another item geared for the spectator. Wear team uniforms! Make them flashy! Not exact words, but definitely the message. Did they ever look great!

Promotion is definitely the name of the game. While PSA was putting polish on slalom procedures and freestyle compulsories, Branker was pushing skateboarding to the public like never before. A demo at the Beach Boys concert showed 55,000 people where the sport is now. And another demo at the Jethro Tull concert. The radio aired three different ads for the event using fast music, and an announcer with some push in his voice. The poster designed by Jim Evans is, in its own right, a work of art. This poster and brother hand bills were seen everywhere. The promotion did its job. This event drew the biggest crowd to a skateboard event ever - 15,000 in two days.

The competition was set up to be the same both days. This gave spectators a complete show whichever day they came. There were freestyle compulsories and finals, slalom, flatland speed run, and hot dog events consisting of high jump, barrel jump, and 360's competition. Rules used for freestyle and slalom were the established PSA rules. The hot dog events (exclusive of the speed run done by the PSA) were under direction of Jim O'Mahoney of the USSA. Prize money was put up by California Freeformer.

The doors opened at noon. With the show starting at 2 PM spectators got a two hour chance to wander among twenty booths at the entrance and get in on freestyle and slalom warm-ups. Slalom racing led the days' events. Each racer got two runs; both were recorded. The best run from each day was added together for an overall time. The racers got their momentum from a kicker ramp built by Bahne. Its lightweight, easily assembled frame make it, too, a milestone in skateboard competition. Racers were paired randomly on Saturday but for Sunday they were paired by times. This paired the two fastest racers last, slowest pair first, adding a lot to spectator involvement. Piercy and Hester were incredibly well matched that day. Hester was ahead of Piercy on each run an average of only .0841!



Hester	360's:	St ende	nie en st	
Higham	1. Bob Jarvis 2. Chris Chaput 3. Gary Kocot 4. Steve Shipp 5. Ed Nadalin	15 ½ 13 ½ 13 12 ½ 12 ½	\$400 200 100 50 25	
Hitchcock	High Jump:			and the second
Howell	1. Ernie Martin 2. Jerry Pattison 3. Tom Sims 4. Bob Mohr 5. Tony Alva	4'7" 4'6" 4'4" 4'3" 4'	\$400 200 100 50 25	B
Hutson	The Man Route States			
Jamieson	Barrel Jump: 1. Tony Alva 2. Woody Woodstoo 3. Fred Flavell 4. Steve Brown		3″ \$400 200 100 50	
Jarvis	5. Tom Sims	15	25	Mike Weed. Photo by Ruiz.

est Greatest Ever

While the focus was on slalom, the freestyle compulsories quietly began on the Freestyle Court. Each competitor had previously picked five out of ten available tricks and had chosen his music. On Saturday, it was arranged for each to do a trick, say "Walk The Dog", then stop and let the next person do his "Walk The Dog". Proving awkward, on Sunday each did all five of his tricks at once. The compulsory score was to be 20% of the overall score. The best compulsory score was added to finals scores from both Saturday and Sunday. It was the first time compulsories were used in skateboard competition and the pros took to it easily.

After ...compulsories and slalom racing some of the many exhibitions began. Bobby Boyden, from Bahne, doing a freestyle demo. Mike Johnson, a one-legged competitor from G&S, demonstrating slalom and speed runs.

The speed racing was conducted like the slalom but without cones and a rules allowance for pushing all the way to the finish line. This event was for "Day Money". Whereas the main events accumulated scores from both days, the speed run and hot dog events paid off at the end of the show each day.

The freestyle competition was the event that was really a knock out. With all the other events completed the entire arena floor was cleared to give competitors a full 100 by 200 feet in which to perform. Judges were placed at various points around the floor, rather than all at one table, to give them a better perspective on each routine. The crowning element was the spotlight. To see such professional routines set to music and on spotlight really let each and every spectator know that skateboarders are finally coming in to their own right. It was beautiful.



Robin Alaway. Photo by Jeff Ruiz.

\$2,00
1,00
75 50
25

\$600

300.

100

T. Johnson

Logan: Brad Bruce Robin

Lindgren

Malczewski

McCall

Mohr

Muir

Miyoshi

Nadalin

O'Neal

Page

Pattison

Peralta

Piercy

Pryciak

Reily

Ryan Shipp

Skoldberg Sims

MORRO BAY Skateboarders

Morro Bay has some skatin' enthusiasts with weekly races and an across-the-country tour to prove it. Jack Smith (19 years), Jeff French (19 years), and Mike Filben (21 years) left Lebanon, Oregon, on June 28 and arrived in Williamsburg, Virginia, on July 29. With good sponsorship from Roller Sports, Inc., the trio was interviewed by twenty-seven newspapers, twelve TV stations, two radio stations, and performed repeated exhibitions in the towns they passed through. A talk later with Greg Watson ("920 Mile Skate", August "Review") has the beginnings of future repeats of long distance skateboard achievements.

Jack has spearheaded weekly Giant Slalom and Downhill races in the Morro Bay area. You can expect to hear more of the movin' group.

Results: Giant Slalom:

1. Jack Smith - four 1st 2. John Scott - one 2nd, one 3rd 3. Mark Davis - one 2nd, one 3rd 4. Rowland Bennett - one 2nd, one 3rd 5. Payton Hough - one 2nd

6. Vern - one 3rd

Downhill:

- 1. Jack Smith four 1st
- 2. Rowland Bennett two 2nd
- 3. John Schout one 2nd, one 3rd
- 4. Vern one 2nd 5. Mark Davis - two 3rd

714-436-0043.

6. Payton Hough - one 3rd

NATIONAL SKATEBOARD REVIEW - published by Skate Park Constructions, edited by Diana Dootson - welcomes photos, articles, contest (of any size) coverage, reader ads, commercial ads, and general comments from its readers. It is my hope the Review will reflect skateboarding by skateboarders. To be your voice I need to hear from you. Write to P.O. Box 542, Carlsbad, Ca, 92008; or call

California LEGISLATION

Governor Brown has signed a bill (AB 2676) giving each city and county the right to make and enforce its own laws about skateboarding on public streets. Are you aware of these laws in your area? Do you know who to call to find out?

8. Curt Lindgren 9. Brad Logan 10. Gary Riehle 11. Steve Cathey 12. Skitch Hitchcock 13. Stevie Shipp 14. Mark Bowden 15. Bob Jarvis 16. Roy Jamieson 17. Jimmy McCall 18. Andy Pryciak 19. Greg Weaver 20. Fred Flavell

FREESTYLE

1. Chris Chaput

2. Ed Nadalin

3. Mike Weed

4. Gary Kocot

6. Bob Mohr

5. Russ Howell

7. Bruce Logar

1. Ellen Berryman 2. Laura Thornhill 3. Ellen O'Neal 4. Desiree Von Essen 5. Robin Logan 6. Kathie Bomeister 7. Robin Allaway 8. Debbie Martinez 9. Andrea Malczewski 10. Debbi Eldridge

Laura Thornhill. Photo by Ruiz.

L. Smith

Thornhill

Trailer

Weed

Williams

Woodstock

Yandall

Jack Smith, of the Morro Bay area, has informed the "Review" of the laws governing skateboarding in his area:

San Luis Obispo: Pop 34,000no skateboarding in downtown area.

Morro Bay: Pop 9,000-no enforced laws

Pismo Beach: Pop 5,000-no skateboarding in roadways (sidewalks ok)

Arroyo Grande: Pop 7,000-no skateboarding in roadways

Grover City: pop 4,000-no skateboarding in downtown area. Cambria: pop 3,000-no enforced laws

Cayucos: pop 2,000-nc en-

forced laws

Call the Police Dept in your city and the Sheriff Dept in your county to learn of existing laws that may make a difference on where you skate. And remember...skate parks are legal.

2Nd ANNUAL HANG TEN CONTEST



John Hutson. Photo by Dan Devine.



The newly installed slalom and downhill runs of the Carlsbad Skate Park were the site of the Second Annual Hang Ten World Contest. Spanning two days, Saturday featured the team competition, organized by the Pacific Skateboard Association, while the individual competition, organized by the Pro-Am SRA, was held on Sunday. Filmed by ABC Wide World of Sports and viewed by 2500 spectators, the six team entries and twenty-two individual performed with such a high level of ability that the television viewers across the nations will truly not believe how far the sport has progressed since "Sidewalk Surfin'".

The four man team competition was organized on an accumulative point basis - each skater giving his "place points" (first place equals one point, sixth place equals six points, etc.) to the team's accumulative score. All team members entered the cross country relay and each chose either freestyle or slalom. The team from Tunnel Wheels entered Jeff Wolff, Mitch Haake, and Mike McCreary in the slalom and Chris Chaput in the freestyle event. Logan Earth Ski entered Bob Biniak as the team's lone slalom racer and Bruce Logan, Torger Johnson, and Tony Alva in the freestyle. Sims entered two slalom racers, Tom Sims, and Don Andre, and two freestylers, Jerry Pattison and Robert Reeves. Gordon and Smith had three slalom racers, Henry Hester, Chris Yandall, and Woody Woodstock, and one freestyle entry, Stacey Peralta. Santa Cruz Skateboards entered all four men, Tommy Ryan, John Hutson, Mike Williams, and Bobby Piercy, in the slalom race. Hobie entered Bob Skoldberg in slalom and Mike Weed, Skitch Hitchcock, and Garrison Hitchcock in freestyle. The teams were the best, the skaters are the best. This line up made for a knock-out day.

The new slalom run at Carlsbad is super! Although needing to age, the racers really liked it. Teammates were racing against each other - a good way to see them push each other to go even faster. A new timing system was designed by Brigg Sherman exclusively for skateboarding. It consisted of a five bulb Christmas tree start with an audio tone allowing racers to watch the course instead of the lights. The most amazing feature of the system is the teletype print that can serve as a heat sheet. A tremendous step forward for the sport.

The cross country relay course was set in the bowls/beginners area covering the entire 12,000 square feet. Marked by cones and some areas designated for pushing and some only for pumping, this was easily the most exciting event of the day. Complete with baton pass, as in track meets, the clock started when the first skater heard the "Go" and continued for all four skaters until the last man's front trucks crossed the finish line. The baton pass is a critical part of the event. Team practice really paid off here. The winning team was Santa Cruz completing the course in 2:20.0; Logan, second place, ran the course in 2:20.6; Hobie placed third with 2:21.0; G&S placed fourth with 2:24.0; Sims' time of 2:26.0 gave them fifth place; Tunnel Wheels was sixth with 2:40.0.

The freestyle event used only a free routine, not compulsories. Each contestant was allowed two minutes in which to perform. This event was held on the new, too new, flat land freestyle area between the slalom runs.

At the end of the day, Santa Cruz had accumulated 18 place points, far ahead of the pack, for the first place winning \$800. Hobie placed second with 23 points and winning \$400. Gordon and Smith won \$300 for placing third with 31 points. Logan earned 34 points, Sims earned 37 points, and Tunnel Wheels had 38 points. What a day! And still another power day to follow.

Santa Cruz: 18 place points Tommy Ryan slalom 1st **Bobby Piercy** slalom 3rd slalom 6th John Hutson Mike Williams slalom 7th Team cross country 1st Hobie: 23 place points Mike Weed freestyle 2nd slalom 5th **Bob Skoldberg** Skitch Hitchcock freest. 6th Garrison Hitchcock freest. 8th Team cross country 2nd Gordon and Smith: 31 place points Henry Hester slalom 4th Stacey Peralta freestyle 4th slalom 9th Woody Woodstock Chris Yandall slalom 10th





Logan Earth Ski: 34 place points lorger Johnson freestyle 1st Tony Alva freestyle 7th Bruce Logan freestyle 10th Bob Biniak slalom 13th Team cross country 3rd

Sims: 37 place points

Jerry Pattison freestyle 3rd Don Andre slalom 8th Robert Reeves freestyle 9th Tom Sims slalom 12th Team cross country 5th

Tunnel Wheels: 38 place points

Jeff Wolff sl Chris Chaput free Mike McCreary sla Mitch Haake sla Team cross country

slalom 2nd freestyle 5th slalom 11th slalom 14th 6th

HANG TEN CONT.

Entries for Sunday's individual competition had been invited weeks before. They began assembling early for the usual registration and board check. Having raced on Saturday also, many were present for a second day of competition. Again the slalom started the day. Denis Shufeldt was out early setting the course. Racers got two practice runs and then the heavy racing began. Each skater raced twice in the qualifying runs. The best time was noted as the racers were seated in a single elimination ladder. From then on each racer took two runs in each heat. The slower racer was eliminated, the faster racer was advanced. In the finals John Hutson raced Bobby Piercy for third and fourth. Tony Alva raced Henry Hester for first and second. It was a tremendously exciting heat. Piercy broke his board on a run and had to race on a new one. Hester took a bad fall, only to return and make an even faster time on the next run.

OVERALL: SLALOM

Men: 1. Henry Hester 2. Tony Alva 3. Bob Piercy 4. John Hutson 5. Bob Skoldberg 6. Paul Engh 7. Conrad Miyoshi 8. Tommy Ryan 9. Mike Williams 10. Tom Sims 11. Torger Johnson 12. Bruce Logan 13. Mike Weed 13. Stacey Peralta 13. Skitch Hitchcool	Women: 1. Kim Cespedes 2. Ellen O'Neal 3. Laura Thornhill 4. Kathy Bomeister 5. Robin Logan 6. Robin Alaway 7. Dodie Hackemack
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This contest provided an opportunity for the country to view another new event. Held in the same bowls area as the cross country relay held on Saturday, contestants competed in a bowls freestyle. Imagine...the best pool riders like Alva, Weaver, Weed, Logan, all given a two minute chance to let it all hang out. And are they ever professionals - smooth, calculating, dramatic! Don't miss it when ABC shows in your area.

The flatland freestyle was held on the area between the slalom runs. It was growing dark as the weather clouded the evening sunset, but that didn't slow anybody down. Curt Lindgren performed a smooth double kick flip; Chris Chaput executed a smashing hand stand 180 walk overs; and Mr. Electric, Tony Alva, brought a new trick to the sport-a hand stand carving a tight 180.

Bowls Freestyle	Flatland Freestyle
Men:	Men:
1. Tony Alva/Greg Weaver	1. Mike Weed
2. Bruce Logan	2. Bruce Logan
3. Mike Weed	3. Tony Alva
4. Steve Cathey	4. Chris Chaput
5. Jose Galan	5. Curt Lindgren/Steve Cathey
6. Stacey Peralta	6. Torger Johnson
7. Skitch Hitchock	7. Paul Hoffman
8. Torger Johnson	8. Skitch Hitchcock
9. Curt Lindgren	9. Stacey Peralta
10. John Hutson	10. Jose Galan
11. Chris Chaput	11. Tom Sims
12. Tom Sims	12. John Hutson
13. Paul Hoffman	13. Greg Weaver
Women:	Women:
1. Laura Thornhill	1. Laura Thornhill
2. Robin Logan	2. Ellen O'Neal
3. Kathie Bomeister/Robin	3. Kathie Bomeister
Alaway	4. Kim Cespedes
4. Kim Cespedes	6. Robin Alaway
5. Ellen O'Neal	7. Mary Zerke

Running concurrent with the flatland freestyle was the downhill speed race on the Park's new 500 foot run. Requiring full safety equipment (helmets, gloves, knee-elbow pads, shoes, long pants) the estimated 35 mph run caused no injuries - some falls, but no injuries. And that is to the credit of the Park designers, Jack Graham and John O'Malley, and the safety equipment requirement.

Overall: Downhill

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1. Mike Williams	11.488	
2. John Hutson	11.611	
3. Bob Skoldberg	11.855	
4. Tony Alva	12,085	
5. Bobby Piercy	12.108	
6. Torger Johnson	12.480	
7. Tom Sims	12,498	
B. Stacey Peralta	12.620	



STEVE SHERMAN - up and coming amateur winning first place over a field of pros two weeks in a row at La Costa. Photo by Brigg Sherman.

neid of pros tw	o weeks marow a
Sept. 26 \$1/50 1. Steve Sherman 2. Mike Weed* 3. Mitch Haake* Other racers: Dave Carson* Rodd Saunders* Garrison Hitchcoo Eddie Katz Curtis Hesselgrav Pat Ferguson Ritchie Saunders Jeff Junkins*	13.95 14.00 14.15 (F) 14.60 (F) 14.40 (F) 14.40 14.65
Sept. 26 1. Mike Williams* 2. Pete Tholl 3. Dave Carson* Other racers: Dave Dominy* Chris Foley* George Torres Steve Lis Steve Sherman Eddie Katz* Curtis Hesselgrav Warren Bolster* Mitch Haake* Rodd Saunders Pat Ferguson Ritchie Saunders Jeff Junkins*	\$1/50c Slalom 6.95 7.35 7.20 (F) 7.50 (F) 7.60 (F) 7.60 (F) 7.60 7.60 7.60 7.70 7.90 e 7.95 8.05 8.05 8.05 8.10 8.45 9.05 9.80
Sept. 26 1. Brigg Sherman 2. Danielle Carsor October 3	
October 10	\$1 G.S.

000101111010 0,	
October 17 \$2/\$1	Giant Slalom
1. Mike Williams*	13.30
2. Bobby Piercy*	13.30
3. Tommy Ryan*	13.60
Other racers: Steve Sherman Marty Schaub Tom Padaca* Warren Bolster* Dave Carson* John O'Malley Pat Ferguson Jeff Alexander Jeff Junkins* Becky Williams	(F) 14.10 (F) 14.60 (F) 14.70 14.80 14.80 15.10 15.30 15.85 15.90 17.80
October 17 1. Tommy Ryan* 2. Bobby Piercy* 3. Mike Williams Other racers: Marty Schaub	\$2/\$1 Slalom 6.70 6.60 6.65 (F) 7.40
Steve Sherman	(F) 7.10
Don Andre*	7.65
Warren Bolster*	7.75
Pat Ferguson	7.95
Becky Williams	8.70
Mike Weed*	DQ
Jeff Alexander	DQ
Dave Carson*	DQ
October 17 100	Duffers race
1. Marty Balma	7.30
2. Brigg Sherman	7.65
3. Danielle Carson	7.80



9. Bruce Logan

13.743

The awards ceremony turned out to be as fun, and definitely more relaxing, than the entire two days of competition. Awards were given after dark in the lighted bowls area. While waiting for scores, to be compiled, the stars of the skateboard world and their friends all sat on the top lip of the big bowl watching Denis Shufeldt, who had put in 21 hours on the microphone in two days, put on his own show. Lots of laughing, hooting, relaxing, and just generally horsing around. Awards, and kisses by Miss Hang Ten, were awarded to finalists in a grand manner.

The Second Annual Hang Ten World Contest was a smashing double day way to end the skateboard season. With winter coming on and no pro contests on schedule, the stars will have more time to practice, invent new tricks, and improve the old ones. Wait till you see them next year.

Overall: Freestyle

Men: 1. Bruce Logan 2. Tony Alva 3. Mike Weed

Men's World Title Holder: TONY ALVA Women's World Title Holder: AURA THORNHILL Women: 1. Laura Thornhill 2. Kathie Bomiester 3. Robin Logan October 1010c "Duffers" race1. Danielle Carson*7.502. Brigg Sherman*7.60

1. Steve Sherman

Marty Schaub
 Lance Smith*

Other racers: Denis Shufeldt*

Dave Carson*

Chris Foley*

Ellen O'Neal*

Pat Ferguson*



Danielle Carson



13.25

13.70

13.75

13.75

14.05

14.10

14.45

14.50



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SAFE SKATEDOARding

by Bob Skoldberg

One of the best things about skateboarding is its appeal to almost everyone. People of all ages enjoy skateboarding either as participants or spectators. Ten years ago people associated skateboarding with cuts, bruises and broken bones, but today things are different. Revolutionary development in skateboard design and the increased use of safety equipment have greatly reduced the risk of injury. Today, with proper equipment and a little common sense, people can enjoy skateboarding as an unlimited source of safe, clean fun. The following represents some of the Basic Rules of safety that every skateboarder should follow:

I.TAKE GOOD CARE OF YOUR EQUIPMENT. An inspection before you ride may save an unnecessary spill.

Check your bearings and wheels. B.

Make sure the trucks are securely fastened.

C All nuts and bolts should be checked.

Look the board over, check for E. cracks or splits.

Use a non-skid material on the deck of your board.

DRESS COMFORTABLY IN PROTECTIVE EQUIPMENT.

Always skateboard in tennis shoes.

B. Wear a helmet, gloves, and knee & elbow pads.

C. Each rider knows where his or her weak spots are. If it is your hips, wear hip padding, if you tend to land on your wrists, wear wrist guards. Wherever you think your most likely point of impact will be in a fall, protect that area.

RULES OF THE ROAD-WHERE TO SKATEBOARD.

A. If you can skateboard in a designated area for skateboarding, such as a skateboard park, do so.

B. Sidewalk skating is prohibited in some city areas. Obey that rule. Where it is allowed, be alert and cautious about cars and pedestrians.

C. Never skateboard on a busy street or a street where it is difficult for cars to see you.

D. Always use good judgment when planning to skateboard in an area. Make sure it is safe.

IV.

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BE IN GOOD PHYSICAL CON-DITION WHEN YOU SKATE.

It always helps to warm up a little before you skate. Do a few stretching exercises, knee bends, waist and back bends and forward and back and side to side bends. Warming up will prepare you to roll or run out of a spill should the occasion arise.

Follow the above rules and you will reduce the chance of injury! SKATE SAFE...AND SKATE TOMORROW!

Focus: Barbara Logan

by John O'Malley

Congruous with our grassroots approach to covering the skateboard competition scene, the NSR decided to do this months "up-close and personal" on Barbara Logan. Barbara's biggest contribution to skateboarding is her uncanny ability to create (literally) top-notch skateboarders of a professional calibre. Her more recent labors in skateboarding can best be summed up by the affectionate nick-name of "Mother Earth Ski". The title at once brings to mind a matrix of downhill splendor while intimating the backbone of skateboarding's "First Family."

But Barbara's domain doesn't stop there. Her working day involves running one of the most renowned skateboard manufacturing companies as well as co-ordinating THE Number One skateboard team of all time. And it all started about 17 years ago..... NSR: "Bruce told me once that he made his first skateboard with Brian around 1959 or so. What can you tell me about the early days?"

Barbara: "Around 1961 or 1962 the boys organized a team called the South Bay Skateboard Team and we used our garage as a team room back then. I'd take all the boys to the contest in my blue Plymouth wagon. In one contest, they (Brian, Brad, Bruce) came home with every trophy except for one or two. It was so embarrassing. There were so many, that we had to carry them out in boxes!"

Barbara has seen skateboarding progress from the steel-wheel era of the 1950's through the clay wheel era of the 1960's and the urathane wheel era of the 1970's. She says that her biggest relief was precision bearings.

"Every night I'd come home and put the "B-B's" in the wheels for the boys, but I had it so I could pick up exactly eight every time, no more, no less."



BARBARA LOGAN - "Mother Earth Ski" - a centering sun for a family of stars.

Barbara makes the Logan Earth Ski Team alot more than just a competitive body.....lt's a family affair. Says Barbara, "At our House we live skateboarding 24 hrs. a day, and there is never a day that goes by it seems when I don't have at least one member of the team staying at my house."

NSR: "It sounds as if you have spacious guest accomodations at your house Barbara."

Barbara: "Yes, I have the floor, and Tony (Alva) sleeps in the shed in the back."

Now you can't imagine that a lady whose heart is this involved with the skateboard scene would stop performing wonders when she gets home. Her "services above and beyond the call of duty" include: impromptu spaghetti dinners for 20-25 people and a skateboard telephone directory that should be called "The Blue Book of Skateboarding." "Anytime I see a scrap of paper with a name and number on it I write it down just in case," Barbara laughs. Barbara's leisure time is typically filled by adding on to her ever growing ten scrap books on the Logan family, dating back to the early 1960's. In addition to her collection, Barbara also has four dogs to care for and feed including Kaiser. (Kaiser is Bruce's pet Doberman who is very content with feeding himself by nibbling on the neighbors and innocent passers by).



NSR: "Barbara, who do you feel has contributed the most to the sport of skateboarding?"

Barbara: "That would have to be Warren Bolster and Skateboarder Magazine."

NSR: "How do you feel about kids that are so young forfeiting their amateur status to turn pro."

Barbara: ''I think that they shouldn't overlook the chance for the Olympics.''

Our interview with Barbara Logan was done on a very special day for a number of reasons. One, it was Nude Beach Day at all Southern California participating beaches. But even more profound is the fact that this was the first day Barbara Logan ever rode a skateboard.

Barbara: "I just have to try one run at the skatepark. It looks like too much fun to pass up. Besides, Bruce said he'd teach me."

Now to close this article we could say something really corny about "The family that skates together...", but the fact is that with a teacher like Bruce Logan you just can't lose - that's not even in the Logan vocabulary. NATIONAL SKATEBOARD REVIEW P.O. Box 542 Carlsbad, CA. 92008

SANTA CRUZ CONTEST

The County of Santa Cruz conducted its first Annual Skateboard Contest on September 4 at Aptos Jr. High School. Directed by Richard Metiver, of OJ Wheels, and Craig Rogers, of the Parks and Recreation, the contest boasted 70 entries and about 400 spectators. Rules and procedures were from the Pacific Skateboard Association and they provided a smooth contest with no hang ups.

Slalom

18 and over: 1. Mike Biffle 2. Tim Piumarta 3. Mark Nicholl

15-17: 1. Kevin Reid 2. Scott Sommers

3. Tony Carter

11-14:

Tadd Hatch
 Gary MacLeod
 Scott Anderson

10 and under: 1. David Dinsmore 2. Joe McIntyre 3. Ben Page

Freestyle

18 and over: 1. Tim Piumarta 2. Mike Biffle 3. Karl Gallagher

15-17: 1. Mike Ashmorth 2. Steve Shambaugh 3. John Vergunst

11-14: 1. Tadd Hatch 2. Sean O'Callaghan 3. Leonard Martinez

10 and under: 1. John Bastian 2. Jack Vergunst RUSS GOSNELL

FLYING HIGH